



YB Champion's Tae Kwon Do
Application for promotion to
GREEN BELT

Due Date:

Testing Date: _____ Test Time: _____

Name: _____ Age: _____

*Students are asked to stay for the duration of the promotion test.
Please see instructors ahead of time if you have a schedule conflict.*

APPLICANTS PLEASE ANSWER (SEE BACK FOR ADDITIONAL QUESTIONS)

What do you enjoy most about Tae Kwon Do?

What do you find most challenging about Tae Kwon Do?

What is your goal in Tae Kwon Do?

For Parents Only

What areas of progress or challenge has your child experienced during this test period?

-----*This section is for examiners' use only*-----

CURRICULUM	A	B	C	D	Comments
Taegeuk 2					
One Step Sparring					
Combination Drill					
Board Breaking (Axe Kick)					
Kihap					
Terminology					

Examiner's Signature _____

**YB Champion's Tae Kwon Do
Black Belt Philosophy Exam:
GOAL SETTING**

YB Champion's Tae Kwon Do, Teaching Success Skills For Life!

Age 4-7 Parent assistance and discussion is encouraged.

1. Suzy Sidekick wants to be a black belt. She has decided that to do this she needs to train two or more times a week. She always works hard in class, focusing and doing her best.

Working towards her goal / Not working towards her goal

2. Frankie Frontkick comes to Tae Kwon Do class only once per week. He doesn't practice his form and missed the last two green belt tests.

Working towards his goal / Not working towards his goal

3. Robby Roundhousekick wants to be a fireman when he grows up. He asked his father to take him to the library so he could read some books about firemen.

Working towards his goal / Not working towards his goal

Age 8-12 Parent assistance and discussion is encouraged. Please write answers in the space below.

1. Name a specific Tae Kwon Do goal you are working on.
2. What is your plan to achieve this goal?
3. Why is achieving this goal important to you?

Teens and Adults Please write answers in the space provided below.

1. Which of your goals in Tae Kwon Do have you already achieved?
2. Which goal are you currently working on?
3. What outside goals has Tae Kwon Do helped you achieve?

1.

2.

3.

Testing is a showcase of your abilities and a celebration of your accomplishments.
Friends and family are warmly invited to be our guests!