



YB Champion's Tae Kwon Do
Application for promotion to
RED STRIPE

Due Date

Testing Date: _____ Test Time: _____

Name: _____ Age: _____

*Students are asked to stay for the duration of the promotion test.
Please see instructors ahead of time if you have a schedule conflict.*

APPLICANTS PLEASE ANSWER (SEE BACK FOR ADDITIONAL QUESTIONS)

What do you enjoy most about Tae Kwon Do?

What do you find most challenging about Tae Kwon Do?

What is your goal in Tae Kwon Do?

For Parents Only

What areas of progress or challenge has your child experienced during this test period?

----- *This section is for examiners' use only* -----

CURRICULUM	A	B	C	D	Comments
Taegeuk 5					
Self Defense					
Sparring					
Board Breaking(Back Kick)					
Kihap					
Terminology 6					

Examiner's Signature _____

YB Champion's Tae Kwon Do

Black Belt Philosophy Exam:

PERSEVERANCE

YB Champion's Tae Kwon Do, Teaching Success Skills For Life!

Age 5-7 Parent assistance and discussion is encouraged.

1. Suzy Sidekick wants to be a black belt. She has been practicing Tae Kwon Do for almost 2 years and is now blue belt. Even though Tae Kwon Do is now harder, she is determined to reach her goal and keeps pushing herself to get better.

Persevered / Not Persevered

2. Frankie Frontkick was trying to break a board during his test. After 5 tries he still couldn't do it, but he kept on trying his best and he broke it on his 6th try.

Persevered / Not Persevered

3. Robby Roundhouse is having an awful time with math. He thinks it is the hardest thing in the world to learn so he asked for extra help from his teacher and parents and never quit.

Persevered / Not Persevered

Age 8-12 Parent assistance and discussion is encouraged.

1. Describe a time or experience where you succeeded because you had a determined attitude.
2. As you get better, Tae Kwon Do gets harder. How will you apply perseverance to your future training?
3. What do you think you can achieve if you adopt a never giving up attitude?

Teens and Adults

1. How powerful a source do you believe perseverance to be in Tae Kwon Do training?
2. What challenges in Tae Kwon Do have you overcome by applying perseverance?
3. What challenges in daily life have you overcome by persevering?

1.

2.

3.

Testing is a showcase of your abilities and a celebration of your accomplishments.
Friends and family are warmly invited to be our guests!